

Beginning on Ash Wednesday, Lent is a season of reflection and preparation before the celebrations of Easter.

Lent is a time to think about how we live and decide if we should change direction or do some things differently.

Doing something differently can sometimes mean doing things outside of our comfort zone – or just thinking differently – making a conscious effort to do something.

To help us this Lent why not set yourself the challenge of doing 40 things differently or doing 40 different things. We've put a list of challenges together. Colour the square on the sheet as you complete them and tell your Elder or Debbie or drop me an email and send a photo of how you have done.

As a church community let us live differently as we journey once again to the foot of the cross.

Every time you order something online in Lent put £1 into a jar to donate to the Street Pastors (Holyhead Road URC church project).	Spend 30 minutes a day for week doing puzzles – Sudoku, crosswords, wordsearches – any type of puzzle.
Join the Sunday morning Zoom worship by phone or online at least four times during Lent.	Share this Lent Challenge with someone who doesn't normally come to church.
Find three Yoga moves to do and do them three times during the week.	Write a prayer and send to Debbie to include in worship over Easter.
Visit the Christian Aid website and find two facts or stories – phone someone and tell them what you have learnt.	Find a stone and hold it as you read Matthew 4 v 1-11. Find something useful or decorative to use the stone for around the house.
Phone two people you haven't spoken to for 6 weeks.	Play a worship cd all the way through every day for a week.
Submit something for Steve Powell to include in an issue of the Holyhead Herald.	Every time you flush the toilet place 20p in a jar to donate to charity.
No television for two week days / evenings in a row.	Find a recipe you haven't made before and try it out.
Find someone who has at least a 10 year age gap with you and phone them to share your favourite Bible passage with them and tell them why it is your favourite.	Write or print your favourite Bible verse on a piece of A4 paper and decorate it – stick it somewhere you will see it until Easter Sunday.
Bake a cake!	Plant something which will grow.

Light a candle or switch a LED night light on every day for a week and read John 8 v 12 when you have lit it.	Wave at two people out of your window everyday for a week (they can be two different people each day).
Join in the World Day of Prayer worship on Friday 5 th March by phone or online.	Go for a walk and make a list of 3 things that you see on your walk to be thankful to God for.
No drinks other than water for a day.	Make a list of 10 things that make you smile.
Read the book Ephesians in the Bible.	No alcohol for a week – 7 nights.
Make something to send someone for Easter Sunday – a card, a picture – anything you can make and send.	Make an Easter garden using material from around the house – maybe a boiled egg shell too?
Don't throw any food during a whole weekend (Friday to Sunday) – no food waste!	Listen to a piece of classical music and say a prayer to say thank you to God for music.
Write an Easter card and send it to someone who doesn't go to church regularly.	Look in your wardrobe and find two items of clothing to donate to a charity shop.
Read a book and recommend it to someone else to read.	Find two sticks and bind them together with string or wool in a cross shape – put them in your front garden or window on Good Friday for others to see.
No chocolate for a week!	Feed the birds in your garden or an area near your home.
Say thank you to three people this week.	Read Romans 12 verse 12 to 19.
Go for a walk and take photos of three things you see where God's loving hand is needed – email the photos to me for use in our Zoom worship.	Agree with someone else to watch a film or TV programme at the same time (in separate houses) and then have a telephone call to discuss.

Attempt the 2021 Lent Challenge

from Wednesday 17th February

through to Sunday 4th April

